FREE GUIDE

The Two-Minute AI Checkup

Six questions to ask before you send, publish, buy, sign, delete, or decide based on AI.

- [ ] **1. Did it answer the question I actually asked?**
  Look for detours, missing constraints, or an answer to a slightly different question.

- [ ] **2. Is it stating a fact - or making a guess sound like a fact?**
  Watch for precise dates, numbers, names, citations, prices, policies, and confident predictions.

- [ ] **3. Does this information need to be current?**
  Anything involving news, software, laws, products, schedules, people, prices, or policies may have changed.

- [ ] **4. What would happen if this answer were wrong?**
  Low stakes: keep moving. High stakes: verify before acting.

- [ ] **5. Can I check the important part somewhere reliable?**
  Use the original source when possible: official documentation, account pages, contracts, records, or reputable references.

- [ ] **6. Am I still the person making the decision?**
  AI can organize, explain, brainstorm, and suggest. The final judgment - and the consequences - are yours.

The 10-second version:

Does it make sense? Does it matter? Can I verify it? Then I decide.